## AUTUMN/WINTER 2022/23 HANDICAP

Points awarded for the top 5 Male/Female runners in each race. Highest points total at the end of each series wins.
$1^{\text {st }}=10$ points
$2^{\text {nd }}=8$
$3^{\text {rd }}=6$
$4^{\text {th }}=4$
$5^{\text {th }}=2$
Ladies Standings

| Name | Race 1 | Race 2 | Race 3 | Race 4 | Race 5 | Score |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Emily | 8 | 6 | 10 | - |  | 24 |
| Anne | 2 | 10 | - | 10 |  | 22 |
| Katy | 4 | 8 | - | - |  | 12 |
| Rhian | - | 4 | 8 |  |  | 12 |
| Wendy | 10 | - | - |  | 10 |  |
| Heather | - | - | 6 |  | 6 |  |
| Pauline | 6 | - | - |  | 6 |  |
| Pippa J | - | - | 4 |  |  |  |
| Helen | - | 2 | - |  | 2 |  |

## Men's Standings

| Name | Race 1 | Race 2 | Race 3 | Race 4 | Race 5 | Score |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Tony T | - | $\mathbf{8}$ | $\mathbf{1 0}$ | $\mathbf{8}$ |  | 26 |
| Nathan | 6 | - | 8 | 4 |  | 18 |
| Owain | $\mathbf{1 0}$ | - | - | 6 |  | 16 |
| Andrew T | - | - | - | 10 |  | 10 |
| John P | - | 10 | - |  | 10 |  |
| Richard W | 8 | - | - |  |  | 8 |
| Noel S | - | - | 6 |  |  | 6 |

