## **AUTUMN/WINTER 2022/23 HANDICAP**

Points awarded for the top 5 Male/Female runners in each race. Highest points total at the end of each series wins.

 $1^{st} = 10 points$ 

2<sup>nd</sup> = 8

 $3^{rd} = 6$ 

 $4^{th} = 4$ 

5<sup>th</sup> = 2

## **Ladies Standings**

Name	Race 1	Race 2	Race 3	Race 4	Race 5	Score
Emily	8	6	10	-		24
Anne	2	10	-	10		22
Katy	4	8	-	-		12
Rhian	-	4	8			12
Wendy	10	-	-			10
Heather	-	-	6			6
Pauline	6	-	-			6
Pippa J	-	-	4			4
Helen	-	2	-			2

## **Men's Standings**

Name	Race 1	Race 2	Race 3	Race 4	Race 5	Score
Tony T	-	8	10	8		26
Nathan	6	-	8	4		18
Owain	10	-	-	6		16
Andrew T	-	-	-	10		10
John P	-	10	-			10
Richard W	8	-	-			8
Noel S	-	-	6			6